

Francesco Arezzo
RI President 2025-26

BEACHWATCH

Rotary Year 2025-26

Dr Manish Motwani
Dist. Governor 2025-26

Volume 24 : 15th July 2025

Club President: Bhavna Pandya | Club Secretary: PP Yogini Shah | Editor-in-Chief: Pradeep Parikh

FIRST ISSUE OF OPAL YEAR TO MARK THE INSTALLATION OF **BHAVNA PANDYA AS PRESIDENT** & BOARD OF DIRECTORS 2025-26



Rtn. Francesco Arezzo
RI President 2025-26



Rtn. Bhavna Pandya
Club President 2025-26



Rtn. Dr. Manish Motwani
Dist. Governor 2025-26

Francesco Arezzo, a member of the Rotary Club of Ragusa, Italy, is Rotary International's President for 2025-26.

Arezzo is an orthodontist in private practice. He is active internationally as a member of the Italian, European, and American orthodontics associations. He is vice president of the National Association of Italian Dentists for the province of Ragusa and was the founder and head for seven years of the delegation for Ragusa of the National Trust for Italy. He is a Knight of Honor and Devotion in Obedience within the Sovereign Order of Malta.

A Rotary member for more than 30 years, Arezzo has served as vice chair of the Joint Strategic Planning Committee and as RI director, learning facilitator, and as district conference presidential representative.

Arezzo is a Benefactor of The Rotary Foundation. He is married to Anna Maria Criscione, an entrepreneur in the tourism field. They have two children.

A passionate Rotarian since 2015, Bhavna comes from a family rooted in social service and giving back to society. With a background in education, journalism, and classical dance, she blends creativity with compassion. She believes in the Bhagavad Gita as a way of life, guiding her actions with purpose and spiritual strength.

As Vocational Director of the RCBJB (2023-24), she empowered rural women through training in soap making, detergents, and cloth bags—helping them become self-reliant.

During her tenure as President of Inner Wheel Club of Bombay West (2021-22), she:

- Constructed a full-fledged school in Shankarpada
- Upgraded infrastructure in 5 tribal schools
- Repurposed plastic into sleeping mats for the homeless
- Donated recycled pencils to Zilla Parishad students
- Supported rehabilitation of transgender individuals and trafficking survivors
- Donated sewing machines and arranged skill training for rural women
- Regularly shared Bhagavad Gita shlokas to inspire inner peace and moral values

Her journey reflects values rooted in service, sustainability, and spirituality.

Dr. Manish R. Motwani, M.S. (General Surgery), is one of India's most renowned Laparoscopic Weight Loss and Bariatric Surgeons, with over two decades of surgical excellence. He is the Founder and Chief Bariatric Surgeon at Aastha Bariatrics, a Centre of Excellence (COE) in Metabolic and Bariatric Surgery — one of only two recognized COEs in Mumbai and among ten across India.

A passionate Rotarian since 2001, Dr. Motwani has:

- Founded 3 new clubs and sponsored over 45 Rotarians globally
- Held multiple key administrative roles including AG, DS, and Chief Coordinator
- Produced and hosted VizBiz Talks and AlphaBytes, showcasing Rotarian talent
- Published three Rotary books, including Brush Up Your Rotary Knowledge
- Honored with prestigious Rotary recognitions including the Five Avenues of Service Citation and Club Builder Award.

Dr. Motwani's wife, Dr. Mahek Motwani, is a leading Aesthetic Gynecologist and Cosmetologist. They are proud parents to their daughter, Tanya, a budding medical student.



RI PRESIDENT'S MESSAGE

Francesco Arezzo, Rotary International President's message, announced at the 2025 Rotary International Assembly in February, will remain Unite for Good, which calls on Rotary members to be a force for unity in a world increasingly divided by politics, geography, and ideology. Through service projects, Rotary brings together people of every background — across races, religions, and professions — in a shared mission to do good in their communities.

DISTRICT GOVERNOR'S MESSAGE

Dear Inspired President Bhavana and Rotarians of Bombay Juhu Beach,

My complements for bringing out the first bulletin of the Inspired year! A well-made bulletin is an excellent tool to connect all members and to communicate! To the community it shows what an inspired group of people can do to make others' lives better, especially the needy!

Congratulations on completing 23 impactful years of service! Over the years, you have grown beautifully and made a tremendous difference — not just in your neighborhood, but also in tribal villages of Palghar and Bhiwandi — through education, your numerous water and sanitation projects, and building toilets in schools. Your dialysis center at Shatabdi Hospital, Kandivili, has been and continues to be a lifeline for countless diabetic patients, especially those from underprivileged backgrounds.

I truly admire your work over years across Rotary's focus areas with dedication. I encourage you to continue your work while you INSPIRE each other. I have a formula for INSPIRE!

I – Involve Every Member: Recognize each member's talents and passions to keep your club vibrant and inclusive.

N – Nurture Our Projects: Build on your successes and keep innovating for greater impact.

S – Seek Strategic Support: Engage partners to expand your reach and amplify your mission.

P – Promote Leadership and Responsibility: Lead with clarity, purpose and passion.

I – Initiate Meaningful Connections: Strengthen your bonds through dialogue and informal meet ups.

R – Reach Out Personally: Keep the conversations going - listen, support and celebrate each other.

E – Engage with Joy and Purpose: Serve with heart and make this journey fulfilling.

I also urge you to actively support our district's focus areas: cancer screening, model villages, Rotary Connect (networking), lifestyle disease management, mental health and de-addiction, women's empowerment, and Rotary hospitals. I see a lot of synergy with many of the projects you already do!

So, together, let's continue to making lives better — with joy, compassion, and purpose.

Dr. Mahek and I wish you all an Inspired year and assure our support at all times!

With warm Rotary regards,

Rtn. Dr Manish Motwani

District Governor 2025-26





PRESIDENT'S COMMUNIQUE

Dear Esteemed Members,

Warm greetings and best wishes as we begin the Rotary Year 2025–26, our 24th year - The Opal Year.

It is an honour and a privilege to assume the role of President of the Rotary Club of Bombay Juhu Beach for the Opal Year. I extend a heartfelt welcome to all members and express my sincere gratitude to IPP Rtn. Mansi Thakkar and PP/Secretary Rtn. Hitesh Shaah for their exceptional leadership and dedication during the past year.

As we step into this new chapter, we are inspired by the Rotary International theme "United for Good" given by RI President Francesco Arezzo and the district theme "Let's Inspire" set by District Governor Dr. Manish Motwani. These themes serve as our guiding lights as we aim to create meaningful change through service, compassion, and collective action.

I am excited to collaborate with each of you to uphold the values of Rotary and make a tangible difference in our communities. With unity, passion, and purpose, let us strive to make the Opal Year truly memorable and impactful.

Yours in Rotary,

Rtn. Bhavna Pandya,

President, Rotary Club of Bombay Juhu Beach



Cabo Da Roca is the western most point of Sinatra Mountain Range, Mainland Portugal, Continent Europe and the Eurasian Landmass.

I met the first batch of lady Rotarian at above place



INSPIRE BOARD OF DIRECTORS 2025-26



CLUB PRESIDENT
BHAVNA PANDYA



CLUB SECRETARY
PP YOGINI SHAH



IPP
MANSI THAKKAR



PRESIDENT ELECT
LATA DESAI



TREASURER
SHRUTI DESAI



SERGEANT AT ARMS
PP UDAYAN BHATT



CLUB TRAINER
PP YOGEN SHAH



ADMIN (FELLOWSHIP)
DAXA SHAH



ADMIN (SPEAKER)
PP PRAKASH PATEL



MEMBERSHIP
PP DR. MONA SHAH



PR/E ADMIN
PRADEEP PARIKH



MEDICAL
DR. KRISHNA DESAI



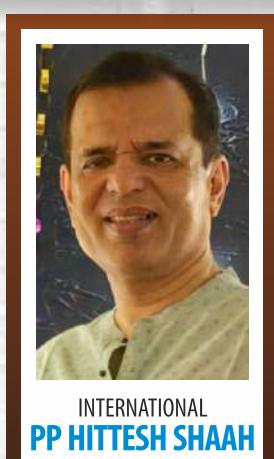
NON-MEDICAL
BEENA PATEL



VOCATIONAL
GOPI SHAH



YOUTH
PP DR. PRETI NANDANI



INTERNATIONAL
PP HITTESH SHAAH



TRF
PARUL DOSHI



CSR
ROOPA ICEWALA



RSW
SANJIV ZAVERI

PROJECTS DONE BETWEEN APRIL AND JUNE



We built and inaugurated 6 more new classrooms at our Dhundhalwadi flagship project, under IPP Udayan Bhatt and CSR Director Roopa Icelwala, on 4th April.



Fellowship Director Ketan Ajmera successfully organised a 10 day trip to South Africa with 14 couples enjoying and bonding from 10th to 21st April 2025.



We exchanged flags with the Rotary Club of Cape Town, under International Director Prakash Patel.



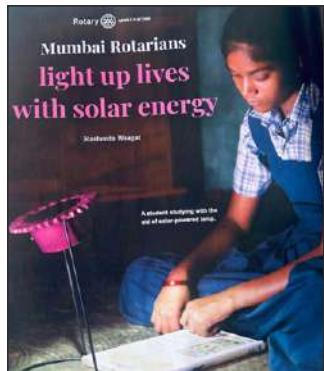
On 21st April, a Behavioral Management Class by Dr. Dipti Shah was held at the Shishukalyan School. Organised by Medical Director, Dr. Preeti Nandani, 30 parents and 15 teachers benefited.



A joint project for street children on Recycling waste was done with Rotary Club of Neo from 29th April to 3rd May 2025



Our 23rd Charter night was celebrated with great gusto on 18th May. Rs 28,000 was collected for the Sunshine Box.



Our Solar project was prominently featured in the May edition of Rotary News. Kudos to PE Lata Desai for being the soul of the project.



We closed the year with two district projects. Pink Auto project empowering women and construction of a wheelchair ramp to help the players with easy access and exit



We received Diamond Club award at the District Shukriya event - Sukun



The Shukriya night on 24 th June 2025 had some emotionally funny moments shared. Rtn Gopi Shah being the Director of the year and PP Preeti Nandani the Rotarian of the year the vibrant year came to a wonderful end

LIFE IS SO WILDLY UNPREDICTABLE.

You go on a vacation with your loved ones and terrorists open fire.

You show up to celebrate a trophy win and it ends in a deadly stampede.

You board a flight for work or leisure and it never lands.

You head to the hostel mess for a simple lunch and a plane crashes onto the building.

None of them ever thought it would end like that.

None of them woke up that morning thinking it would be their last.

They were just... living.

Doing what people do.

Living in the moment, trusting tomorrow would come.

And that's the hardest truth about life:

Death rarely knocks. It just enters.

Quietly. Instantly. Without permission.

And most times, in ways we can never prepare for.

So if you're breathing right now, pause.

Not out of fear, but out of gratitude.

Look around. Feel the air. Hear the sounds.

This moment, as ordinary as it may seem, is a privilege.

Call someone you love. Tell them. Don't wait.

Step outside. Look at the sky even if it's cloudy.

Smile at someone. Be kind, even when you don't have to be.

Let go of things not worth holding.

Forgive if you can. Live deliberately. Speak honestly. Love fiercely.

Because every day we wake up is a day we weren't promised.

And that's what makes it so precious.

24 PROJECTS IN 24 DAYS.



1st July, Blood Donation at Andheri Station (District Project)



1st July, Anandotsav, A Musical Evening for the Senior Citizens at Bal Gandharva Rangmandir, Bandra.



2nd July, Puberty Ready Awareness for the Girls of Interact Club at Billabong School, Santacruz.



3rd July, Sona Sarovar -On Going Project.



4th July, Seed Distribution at Maharashtra Nature Park, Dharavi.



5th July, Creative Art Class at Vidhyanidhi School, Vile Parle West.



6th July, Sound Bath Meditation at Manav Seva Sangh, Sion.



7th July, Sewing Machine for Disabled Ladies at Ritanbhora Slum Areas.



8th July, Puberty Ready Awareness at Walia School, D. N. Nagar.



9th July, Installation of Interact Club Billabong School, Santacruz.



9th July, Donating Trampoline for Therapy of Special Children at Anandi School, Vile Parle East.



10th July, Comfortable Clothes and Snack Distribution at Smita Foundation Old Age Home



11th July, Chatai Donation for Street Children, Near Borivili Station.



12th July, Spoken English & Drama Class, Vidhyanidhi School, Vile Parle West.



12th July, Installation of Rotract Club.



13th July, Distribution of Umbrellas, Plastic Chatai in Village Makadchola, Near Palghar, along with Rotaract Club of Bombay Juhu Beach.



14th July, Hydrotherapy Tub for Special Children to be Donated to Anandi School, Vile Parle East.



15th July, Installation Day- Uplifting and empowering the blind children of Ujala by purchasing handcrafted articles made by them as gifts for all the attendees at the Installation.

Vision Behind the Initiative – Rotary Pet Lovers Club

Dear Friends,

We are thrilled to embark on a heartwarming journey — the formation of a cause-based Rotary Club dedicated to Pet Lovers and Animal Welfare.

This initiative is born from a simple yet powerful idea: that our love for animals can go beyond our homes and become a force for meaningful community service. Whether it's advocating for animal rights, promoting responsible pet parenting, supporting shelters, or simply spreading kindness toward all living beings — there's a growing need for structured, compassionate action.

Rotary International has always encouraged innovative models of engagement, and cause-based clubs are a reflection of that spirit. They bring together people who share a common passion and convert that passion into purposeful service and impactful fellowship.

This club will be:

- A space where pet lovers unite
- A platform to serve the voiceless
- A community that cares deeply and acts boldly

We look forward to seeing how this gathering of kindred spirits leads to something truly special — a club where wagging tails, warm hearts, and service go hand in hand.

Let's make this dream a Rotary reality!

Warm regards,

Dr. Mona Shah

Past President – RCBJB

Inspired District Secretary – Membership, RI District 3141



WE FORGET THAT WAKING UP EACH DAY IS THE FIRST THING WE SHOULD BE GRATEFUL FOR.



DOP and Joint BOD

Inspire President Bhavna Pandya started her new year with 2 important programs that every President has to conduct. The Directors Orientation Program (DOP) & Joint Board of Directors (BOD) meeting of Outgoing & Incoming Board Members.

The DOP is a very well curated program by the District Team to help prepare the Board of Directors in planning their respective roles & responsibilities in a well defined & structured manner well in advance to enable smooth communication to members and execution.

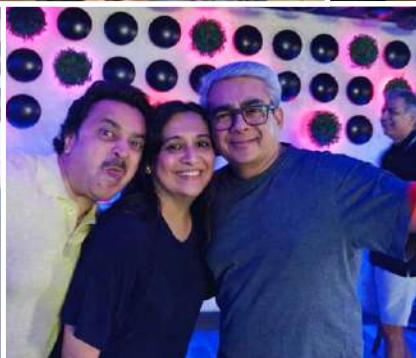
The Joint BOD is a Board meeting of Outgoing board members of IPP Mansi Thakkar's directors and the incoming board members of President Bhavna Pandya's team.

This year, it was planned as an overnight stay at 7-11 Club in Mira Road. It was an excellent combination of rotary learning, a smooth handover to the incoming board, and an excellent fellowship event at a luxury property just an hour away from Juhu.

Here's wishing President Bhavna Pandya & her Inspire Team a fantastic and successful Rotary Year 2025-26.

From the Club Trainers Desk

Always Happy to Help





Happy Birthday



July

- 01st Dipali Jhaveri s/o Nishit Jhaveri
- 07th Neha Sanghvi
- 07th Niki Salot
- 11th Miten Salot s/o Niki Salot
- 15th Nita B Shah
- 19th Yogen Shah
- 23rd Benita Shah

August

- 01st Shraddha Dave Dr s/o Ojas Dave
- 09th Paras Doshi
- 11th Apurva Shah s/o Daxa Shah
- 15th Prakash Patel
- 16th Nishit Jhaveri
- 17th Haren Sheth s/o Dipti Sheth
- 26th Dipti Sheth
- 26th Roopa Iewala
- 30th Nishith Patel s/o Beena Patel

September

- 04th Shruti Merchant s/o Umesh Merchant
- 06th Lt. Sanjay Desai Dr s/o Krishna Desai Dr
- 08th Nayan Shah s/o Benita Shah
- 16th Mahadev Desai s/o Lata Desai
- 18th Preeti Nandani Dr
- 18th Rakesh Shah
- 29th Deepen Soni
- 29th Shamish Dalal s/o Sweta Dalal



Happy Anniversary



August

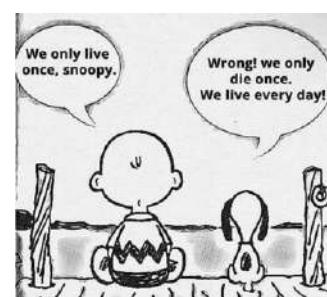
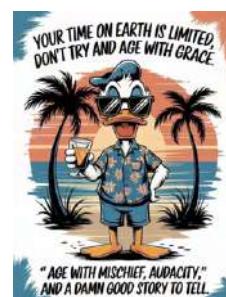
- 17th Yogini & Vijay Shah
- 18th Gautam & Rachna Parekh

September

- 29th Daxa & Apurva Shah

List of Projects & Meetings in July, August & September 2025

- 16th July (Wednesday): Anna Daan at Bachatghad NGO for ladies at Andheri East. Time : 4.30pm – *Non-Medical
- 17th July (Thursday): Craft Kit (with drawing book) Distribution in Rural Schools at Varthapada, Betchpada, Dhundhalwadi. Time : Start at 6.30am from Mumbai – *Vocational
- 18th July (Friday): Distributing 400 Mattresses, Pillows, Bed Sheets & Blankets at Aashramshala, Dhundhalwadi. Time : 6.30am from Mumbai – *Non-Medical
- 19th July (Saturday): Digital Awareness for Hilimpada School students by our Rotractors. Time : Start at 6.30am from Mumbai – *Youth
- 20th July (Sunday): CPR Training for gym instructors at Malad. Time : Time to be announced – *Medical
- 21st July (Monday): Sewing Machine to special children of Evolve NGO at Nanavati School. Time : 11.30am – *Vocational
- 22nd July (Tuesday): Nehru Planetarium Visit for Specially abled children from Anandi School, Vile Parle East. Time : 11am – *Vocational
- 22nd July (Tuesday): BOD Meeting. Time : 9pm
- 23rd July (Wednesday): Distributing 5 wheelchairs at Anand clinic, Parel. Time : To be announced. –*Medical
- 24th July (Thursday): Cancer screening at Walia school for teachers & mothers. Time : 8am onwards
- 29th July (Tuesday): Club Assembly. Time : 7.30pm to 8.30pm - Dinner followed by Meeting
- 12th Aug (Tuesday): Speaker Miss Sunita & Dr Vinay from Brahmavidya. Time : 7.30pm to 8.30pm - Dinner followed by Meeting
- 19th Aug (Tuesday): BOD Meeting. Time : 9pm
- 26th Aug (Tuesday): Fellowship Nite. Time : 7.30pm to 8.30pm - Dinner followed by meeting
- 9th Sept (Tuesday): Speaker Dr Lucky Kasat. Time : 7.30pm to 8.30pm - Dinner followed by meeting
- 16th Sept (Tuesday): BOD Meeting. Time : 9pm
- 27th Sept (Saturday): Navratri Celebrations with Smita Shah & Family. Time : 7.30pm onwards



Bharat...Ek Khoj

The word Guru is made up of two words - 'Gu' meaning darkness and 'Ru' that is opposite of darkness. So, the word Guru refers to someone who extricates us from the darkness of ignorance and enlightens us with knowledge and awareness.

Guru Purnima is also known as **Vyasa Purnima** and is observed as the birth anniversary of **Veda Vyasa**, a great sage and author of Hindu epic, Mahabharata. It's also celebrated as **Gyaan Purnima** owing to its association with knowledge and teachings.



Lord Shiva

The Adiyogi and is the first **Guru**

Who imparted the knowledge of "**Guru Gita**" to **"MA PARVATI".

He appeared as a Yogi in the Himalayas and bestowed the seven sages with Yogic learnings.



Gautam Buddha's first sermon

Gautam Buddha, the founder of **Buddhism**, delivered his first sermon at Sarnath after attaining enlightenment on this day.



Mahavira and Indrabhuti Gautam

After attaining Kaivalya, the 24th Jain Tirthankara, Lord Mahavira made Ganadhara Indrabhuti Gautam (Gautam Swami) his first disciple. Therefore, it is a significance day for the **Jain community**.



10 Gurus of Sikhism & Guru Granth Sahib

Sikhs celebrate this day to honor the as the 11th perpetual Guru of the Sikhs

In the words of **Ramakrishna Paramhansa** our Guru resides in our "**Vishuddha Chakra**" in the throat and awakens when we deliver ourselves to our higher self.

Guru Purnima is dedicated to those Gurus and teachers who made our life valuable ,worth living & helped us in driving out from all our fear and ignorance.



Inspiring Leaders

Known as 'Iron lady' Durgabai Deshmukh was a great freedom fighter, a dedicated social worker and an adept lawyer.

Born on July 15, 1909 in Rajahmundry, Andhra Pradesh, she got married at the age of 8 to her cousin, Subba Rao. When she decided to end the marriage to focus on her studies, she got the full support of her family. She joined the Bhartiya freedom movement at a very young age. She quit school when she was 12 years old to protest the imposition of English as the prime medium of teaching. She started the Baalika Hindi Pathshala in Rajamundry to promote Hindi education for girls.

As a child she volunteered in the Indian National Congress Conference of 1923, which was held in her hometown of Kakinada, where her role was to ensure that no one is allowed to enter without a ticket, she even forbade Jawaharlal Nehru from entering and only let him when a ticket was bought for him. She led a very simple life, never wore expensive clothes or jewelry, she called herself a satyagrahi and promoted the idea of swadeshi. She religiously took part in the Bhartiya freedom movements like Salt Satyagraha. She was imprisoned three times between 1930 and 1933. She was deeply influenced by Mahatma Gandhi and immersed herself completely in the freedom struggle. Deshmukh, who was an example of women empowerment, married again at age of 44 to Chintan Deshmukh, the first Indian to be the governor of the Reserve bank and the inspiration behind the title of her autobiography 'Chintaman and I'.

Deshmukh died on May 9, 1981. Throughout her life, she fought for women rights and marched further to change the lives of lakhs of women in India and made their lives worth living with dignity and self respect.